

AMENDMENT TO
MEDICAL REIMBURSEMENT ACCOUNT
EFFECTIVE JANUARY 1, 2011

As of January 1, 2011, Health Flexible Spending Accounts will not be able to reimburse over-the-counter (OTC) medicines or drugs (other than insulin) without a doctor's prescription. Over-the-counter medicines will only be reimbursed if participants have a prescription. Other OTC items such as medical supplies, that are not medicines or drugs, such as contact lens solution and bandages, will still be covered.

This change is effective January 1, 2011. The change in OTC eligibility is not a change in status that will allow any mid-year changes to participant's elections.

Sample Chart of *Some* Items Which Will Require a Doctor's Order for Reimbursement:

Acid controllers	Cold sore remedies	Pain relievers
Allergy and sinus medications	Cough, cold and flu remedies	Respiratory treatments
Antibiotic products	Digestive aids	Sleep aids and sedatives
Anti-diarrhea medicine	Hemorrhoid preparations	Stomach remedies
Anti-itch and insect bite remedies	Laxatives	
Baby rash ointments and creams	Motion sickness medicine	

Some Over-the-Counter Items Which Will Remain Reimbursable *Without* a Doctor's Order:

Bandages	Diagnostic tests and monitors
Birth Control	Elastic bandages and wraps
Braces and Supports	First-aid supplies
Catheters	Insulin and diabetic supplies
Contact Lens Supplies	Reading Glasses
Denture adhesives	Wheelchairs, walkers and canes