



RethinkEd
Together We Power Potential

WELCOME TO RETHINK ED FOR FAMILIES AND CAREGIVERS

Welcome!

Riverhead Central School District and Rethink Ed have partnered to provide you with access to Rethink's Social Emotional Learning Program. You will have access to resources to learn about Social and Emotional Learning, and access to our Adult Wellness Series. Our program provides strategies and tools to help your child develop skills that aid in managing emotions like stress and anxiety, build better relationships with teachers, peers and loved ones, and be more successful academically and professionally in life.

What Will I Have Access To?

Your parent login will allow you to access the following resources:

- On-demand videos presented by experts in the field developed to support you and your child's emotional well-being.
- Access to printable resources to help your child develop social and emotional skills, set positive goals, and make responsible decisions.
- Access to our SEL toolkit for parents and caregivers with frequently updated videos, webinars, and blog posts on social emotional learning topics.

[**Access Rethink's Social and Emotional Learning toolkit**](#)

Access Rethink Ed

How Do I Register for My Free Account?

- To register for your free account:

[Click Here to Register](#)

- Complete the form and click REGISTER.
- Write down your username and password.
- Enjoy the program!

For more information, contact [**Beth.gautier@rethinked.com**](mailto:Beth.gautier@rethinked.com)