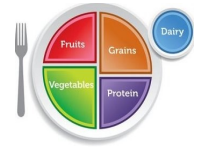


RIVERHEAD ELEMENTARY

JUNE 2024

IMPORTANT NOTICE

Applications for Free & Reduced meals are available throughout the school year



You can now apply Online

www.EZMealApp.com

You can manage your lunch account Online

Sign up for EZ School Pay at www.ezschoollpay.com

Please see www.riverhead.net for more information.

Assorted Milk available with all meals,

Fat Free White, 1% White and Fat Free Chocolate.

Available Daily:

Assorted Salads

Peanut Butter & Jelly Sandwich

Cheese Sandwich

LUNCH PRICES:

Lunch Price \$2.50

Reduced Lunch \$0.25

Student Milk \$0.50

Adult Milk \$0.75

Adult Lunch \$5.50

Monday	Tuesday	Wednesday	Thursday	Friday
3 Assorted Fruit Chicken Tenders Sweet Potato Fries Carrot Sticks Whole Grain Roll ** Bologna & Cheese	4 Assorted Fruit French Toast Sticks Breakfast Sausage Carrot Sticks Cucumber Slices ** Turkey & Cheese	5 Assorted Fruit BBQ Beef Rib Patty WW Roll Pickles Seasoned Corn ** Tuna	6 Assorted Fruit Sweet & Sour Chicken Steamed Broccoli Carrot Sticks Whole Grain Roll ** Bologna & Cheese	7 Assorted Fruit Pizza Plain or Pepperoni Broccoli w/garlic Carrot Sticks ** Ham & Cheese
10 Assorted Fruit Chicken Nuggets Sweet Potato Fries Carrot Sticks Whole Grain Roll ** Bologna & Cheese	11 Assorted Fruit Mozzarella Sticks Tomato Sauce Seasoned Corn ** Turkey & Cheese	12 Assorted Fruit Tacos (T) w/ Lettuce, Cheese & Salsa Whole Wheat Tortilla Seasoned Black Beans	13 Assorted Fruit Meatball Parmesan On WW Hero Roll Green Beans Carrot Sticks ** Salami & Cheese	14 Assorted Fruit Pizza Plain or Pepperoni Broccoli w/garlic Carrot Sticks ** Ham & Cheese
17 Assorted Fruit Popcorn Chicken Sweet Potato Fries Carrot Sticks Whole Grain Roll ** Bologna & Cheese	18 Assorted Fruit Pizza Quesadilla Salsa Seasoned Black Beans ** Turkey & Cheese	19	20 Assorted Fruit Hamburger/Cheeseburger Whole Wheat Bun Pickles French Fries ** Salami & Cheese	21 Assorted Fruit Pizza Plain or Pepperoni Broccoli w/garlic Carrot Sticks ** Ham & Cheese
24	25	26	27	28
			MENU IS SUBJECT TO CHANGE WITHOUT	Riverhead Central School District is an Equal Opportunity Provider and Employer

IMPORTANT NOTICE

Please remember to fill out the Free and Reduced Application for 2018-2019 school year. The application need to be filled out ever year!

You can now apply for Free/Reduced price meal benefits by using www.EZMealApp.com

Information and link is available at www.riverhead.net

EZSCHOOLPAY.com

Sign up for EZ School Pay at ezschoolpay.com. The website is very user friendly and a convenient way to pay for your child's lunches. You can monitor your child's expenses and view transactions. You can set up a low balance alert so they never run out of funds! EZ School Pay is a great way to handle school lunch accounts without having to worry about sending money, or a check and risk having it get lost.

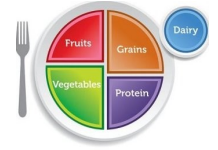
LUNCH PRICES:

Lunch Price	\$2.75
Reduced Lunch	\$0.25
Student Milk	\$0.50
Adult Milk	\$0.75
Adult Lunch	\$5.50

RIVERHEAD MIDDLE SCHOOL



JUNE 2024



Monday	Tuesday	Wednesday	Thursday	Friday
3 Assorted Fruit Chicken Tenders Sweet Potato Fries Carrot Sticks Whole Grain Roll	4 Assorted Fruit French Toast Sticks Breakfast Sausage Carrot Sticks Cucumber Slices	5 Assorted Fruit BBQ Beef Rib Patty WW Roll Pickles Seasoned Corn	6 Assorted Fruit Sweet & Sour Chicken Steamed Broccoli Carrot Sticks Whole Grain Roll	7 Assorted Fruit Pizza Plain or Pepperoni Broccoli w/garlic Carrot Sticks
10 Assorted Fruit Chicken Nuggets Sweet Potato Fries Carrot Sticks Whole Grain Roll	11 Assorted Fruit Mozzarella Sticks Tomato Sauce Seasoned Corn	12 Assorted Fruit Tacos (T) w/ Lettuce, Cheese & Salsa Whole Wheat Tortilla Seasoned Black Beans	13 Assorted Fruit Meatball Parmesan On WW Hero Roll Green Beans Carrot Sticks ** Bologna & Cheese	14 Assorted Fruit Pizza Plain or Pepperoni Broccoli w/garlic Carrot Sticks
17 Assorted Fruit Popcorn Chicken Sweet Potato Fries Carrot Sticks Whole Grain Roll	18 Assorted Fruit Pizza Plain or Pepperoni Broccoli w/garlic Carrot Sticks	19	20	21
24	25	26	27	28
			MENU IS SUBJECT TO CHANGE WITHOUT NOTICE	Riverhead Central School District is an Equal Opportunity Provider and Employer

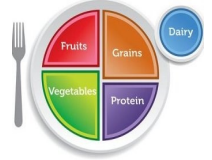
IMPORTANT NOTICE

Applications for Free & Reduced meals are available throughout the school year



RIVERHEAD HIGH SCHOOL

JUNE 2024



You can now apply Online
www.EZMealApp.com

You can manage your lunch account Online

Sign up for EZ School Pay at
www.ezschoollpay.com.

Please see
www.riverhead.net for more information.

Assorted Milk available with all meals,
Fat Free White,
1% White and
Fat Free Chocolate.

Available Daily:
Hamburger/Cheeseburger
Nathans Hot Dog
Assorted Salads
Assorted Sandwiches
Vegetarian Choices

LUNCH PRICES:

Lunch Price \$3.00
Reduced Lunch \$0.25
Student Milk \$0.50
Adult Milk \$0.75
Adult Lunch \$5.50

Monday	Tuesday	Wednesday	Thursday	Friday
3 Assorted Fruit Chicken Tenders Sweet Potato Fries Carrot Sticks Whole Grain Roll	4	5 Assorted Fruit BBQ Beef Rib Patty WW Roll Pickles Seasoned Corn	6 Assorted Fruit General Tso Chicken Broccoli Carrot Sticks Whole Grain Roll	7 Assorted Fruit Pizza Plain or Pepperoni Baked Spinach Marinated Chick Pea Salad
10 Assorted Fruit Chicken Nuggets Sweet Potato Fries Carrot Sticks Whole Grain Roll	11 Assorted Fruit Meatball Parmesan On WW Hero Roll Green Beans Carrot Sticks	12 Assorted Fruit Cheese Quesadilla Pizza Quesadilla Salsa Seasoned Black Beans	13 Assorted Fruit Pizza Plain or Pepperoni Broccoli w/ Garlic Carrot Sticks	14
	Riverhead Central School District is a Equal Opportunity Provider and Employer	MENU IS SUBJECT TO CHANGE WITHOUT NOTICE		